

What kind of FOODIE are you?

TAKE OUR QUIZ TO FIND OUT WHERE YOU FALL ON THE KATY FOODIE SCALE

Written by Kirsten Cornell

- 1** BREAKFAST IS THE MOST IMPORTANT MEAL OF THE DAY. WHAT ARE YOU EATING?
- A. Lox bagel, veggie omelet, or a frittata. Have you seen my French press?
 - B. Bacon, eggs, hash browns, and biscuits. I like to keep it traditional.
 - C. I rarely eat breakfast but if I do, a kale smoothie or black coffee works just fine.
 - D. Boiled eggs, maybe some fruit or yogurt. Sometimes I get wild and have jam on toast.

- 2** EVERYONE IS HEADING OUT TO THE NEWEST FOOD SPOT! YOU IN?
- A. Oh my gosh I've been wanting to try it! Already scoped out the menu!
 - B. What do they have? I mean, it's not one of those "weird" places, right?
 - C. I'm really trying to eat "fresh" right now. Are there some veggie options?
 - D. A little too "out there" for me, no thanks.

- 3** WHEN YOU HEAR TACOS, YOUR MIND JUMPS TO...
- A. Oh my goodness I had these seared ahi tuna tacos the other day - delish.
 - B. Sometimes I add queso, salsa, or avocado. Otherwise I'm pretty low-key.
 - C. I prefer corn tortillas, maybe something with portobello or peach salsa.
 - D. Why is everyone adding weird things to tacos? Meat and cheese.

- 4** WHAT APPETIZER WOULD YOU BRING TO A DINNER PARTY?
- A. Something Pinterest-worthy! Like crab-stuffed grilled artichokes.
 - B. I'll bring the guacamole. Everyone loves guac and chips.
 - C. Roasted vegetable goat cheese quesadillas.
 - D. Dip and chips I bought at the store on the way over.

5 WHEN ADDING FLAVOR TO YOUR FOOD, WHAT CONDIMENT DO YOU CHOOSE?

- A. Something to spice things up; like sriracha or wasabi!
- B. Can someone just pass the ranch? It goes with everything.
- C. I use a lot of natural flavorings like honey or crushed cilantro.
- D. Salt and pepper. I like the basics.

6 WHEN COOKING, I GENERALLY USE:

- A. I mix it up! Basil, herb-infused, avocado, or chili oils - I like options.
- B. Butter is a pan's best friend. Even better if you use the meat's juices.
- C. Coconut or grapeseed oil are my preferred options if I don't steam.
- D. Do I need something specific? I think I have some Crisco.

7 WHAT KITCHEN ITEM CAN YOU NOT LIVE WITHOUT?

- A. Whatever the newest gadget is - I just have to try it.
- B. My crockpot. It does everything for me.
- C. Have you even seen these FreshWorks containers? It's like magic.
- D. My spatula. I don't get too crazy in there.

8 WHEN YOUR HANGRY SETS IN, WHAT DO YOU REACH FOR?

- A. I've been known to grab sushi from the grocery deli. It's not that weird.
- B. Popcorn, chips, pretzels - basically anything with a little salt on it.
- C. I almost always have a bag of almonds or dried fruit handy.
- D. It's usually a scavenger hunt. Candy in my bag, leftovers from the fridge...

9 TIME FOR DESSERT! WHAT DO YOU ORDER?

- A. Typically something I can't pronounce, but it's always worth it!
- B. If chocolate cake is on the menu, that's my go-to.
- C. I rarely eat dessert, sometimes fresh berries or sorbet.
- D. Just give me a bowl of vanilla bean ice cream and a spoon.

MOSTLY A'S - EXPLORATORY FOODIE You consider it one of your greatest challenges and joys in life to distinguish different flavors and ingredients. "I'll try it!" is one of your well-known phrases. Whether you're the first to try the new hibachi-taco-fried chicken fusion joint or whipping up your own unique recipe at home, you're always down for something offbeat.

Restaurants to try: Peli Peli, Agave Rio, Peter Chang

MOSTLY B'S - COMFORT FOODIE Mac and cheese or chicken fried steak are some of your dinner table staples. If it has gravy or sauce, count you in. It doesn't mean you won't try a new dish once in a while if someone recommends it to you, but you prefer a home cooked-style meal. Food is more about the feeling you get when you're eating it and the fact that it brings people together.

Restaurants to try: Snappy's, Texas Tradition, Hasta la Pasta

MOSTLY C'S - HIPSTER FOODIE Deconstructed is the new buzz word at your dinner table. You're a regular at the local farmers market and you happen to know that freekeh is a grain and not some new slang term on the streets. You can properly pronounce "quinoa" and silently judge those who can't. You may have tried to grow your own herb garden at some point.

Restaurants to try: Dish Society, Local Table, Elevation Burger

MOSTLY D'S - NON-FOODIE Heading to the latest and greatest restaurant is not your thing. As far as food goes, it's there for fuel and you don't volunteer for anything that sounds too exciting, or too strange. Sure you like a good meal, but you prefer basic seasoning like salt, pepper, and maybe some onion or garlic if you feel like shaking things up. Pass the meat and potatoes, you'll be just fine.

Restaurants to try: Denny's, Texas Borders, Rudy's BBQ