

## KATY HEALTH EVENTS

Don't miss these upcoming health-related events

### LOOK GOOD FEEL BETTER

April 17

Houston Methodist West Hospital  
18400 Katy Fwy.  
Medical Office Bldg. 1, #120, Houston  
11 a.m. - 1 p.m.

Look Good Feel Better is a free program that teaches beauty techniques to women who are actively undergoing cancer treatment to help them combat the appearance-related side effects of radiation and chemotherapy. RSVP is required. Call 832-522-2873.

### NECK AND BACK PAIN SEMINAR

April 19

Houston Methodist West Hospital  
18500 Katy Fwy.  
Mesquite Conference Room  
6 - 8 p.m.

Dr. B. Christoph Meyer, orthopedic surgeon, Dr. Sebastian Villarreal, pain specialist, and Dr. Alexander West, spine and neurosurgeon, talk about causes, prevention, and management of neck and back pain. Visit events.houstonmethodist.org.

### NEWBORN CARE

May 10

Memorial Hermann Katy Hospital  
23900 Katy Fwy.  
Conference Room Tiger B  
6:30 - 8:30 p.m.

This class introduces expectant parents to helpful skills for caring for their newborn and reviews newborn characteristics, general baby care, safety issues, and early parenting. Register mom only. Cost is \$30. Visit [memorialhermann.org/classes-events](http://memorialhermann.org/classes-events).

### STROKE SUPPORT GROUP

May 18

Memorial Hermann Katy Hospital  
23900 Katy Fwy.  
Fourth Floor Conference Room  
6 - 8 p.m.

Stroke survivors, family members, and caregivers are invited to learn about stroke recovery, care, and rehabilitation. Topic will be, "Supporting the Caregiver of the Stroke Patient," presented by Karen Pettit, MA. Visit [memorialhermann.org/classes-events](http://memorialhermann.org/classes-events).

This is only a sampling of the events offered in Katy. Please visit [KatyMagazine.com](http://KatyMagazine.com) for more.

### Memorial Hermann Katy Hospital Announces New Medical Director

Peter Walker, M.D., is the new medical director of the bariatric program at Memorial Herman Katy Hospital. In his new role, Dr. Walker will oversee the growth of the program, which aims to help people lose weight after other options have been exhausted. Dr. Walker is also an assistant professor in the Department of Surgery, Division of Minimally Invasive Surgery, and associate program director of the Minimally Invasive Surgery Fellowship Program at McGovern Medical School at UTHealth.

### Houston Methodist West Hospital Receives \$16k Donation

Houston Methodist West Hospital recently received a \$16,000 donation from the Willow Fork Ladies Association. The money will help patients who need support for breast cancer-related issues. Through their Breast Care Center, Houston Methodist West provides women the most advanced options and comprehensive services for breast health, including 3D digital mammography, breast ultrasound, breast MRI, ultrasound biopsies, stereotactic biopsies, and MRI-guided biopsy. Additionally, the hospital offers screenings, educational events, second opinions, clinical trials, genetic testing, and support groups.

### Texas Children's Hospital Fun Run

Families with children of all abilities were invited to participate in the Texas Children's Hospital and Houston Marathon Foundation Family Fun Run on Saturday, April 8, 2017 at Texas Children's Hospital West Campus. Texas Children's Hospital was very excited to celebrate their fifth year educating and encouraging Houston-area children and their families to adopt active, healthy lifestyles. The Family Fun Run included both a 1K and 3K course. Participants of all abilities, including those needing walkers and wheelchairs, were welcome. While there was not a prize for top finishers, all received an award for participating.

### New CEO for Memorial Hermann Katy & Memorial Hermann Cypress

Memorial Hermann Health System is pleased to announce Heath Rushing as senior vice president and CEO for Memorial Hermann Katy and Memorial Hermann Cypress. Rushing joined Memorial Hermann in 2002 and throughout his career he has held several leadership roles. During Rushing's tenure at Memorial Hermann Northeast, the hospital became a certified primary stroke center, introduced the community's first neurosurgery spine program, began a start-up interventional cardiology program, and re-established the hospital's peripheral vascular program. Rushing also established deep roots in the community, serving on a variety of community boards within the Lake Houston area.



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