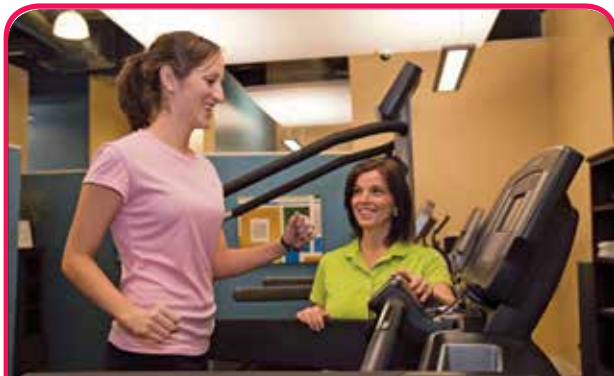


# WOMEN'S HEALTH

## DISTINCT SERVICES FOR KATY AREA WOMEN

Get to know your local health service providers in the Katy Area



### ESN Health

281-395-0827 | [esnhealth.com](http://esnhealth.com)

ESN Health has many success stories of Katy people getting fit and feeling better. Lynn Yates is one of ESN's many satisfied clients. Lynn lost 37 pounds, 32 inches, and has decreased her body fat percentage by 9%. ESN Health's individualized innovative program includes private personal training and small-group training, along with fitness and nutritional coaching which helps ensure powerful outcomes for clients. ESN Health even has a healthy kitchen offering nutritious meals to go. Start your success story today!



### Gallas Plastic Surgery & Vein Center

281-646-1114 | [gallasplasticsurgery.com](http://gallasplasticsurgery.com)

Gallas Plastic Surgery & Vein Center offers an unparalleled experience. Their office, med-spa, and state licensed surgical facility are in one location. Dr. Gallas is a double board certified plastic surgeon with years of experience and their medical aesthetician, under his supervision, offers treatments not available at the corner "med-spa." From a full body makeover to non-surgical options, they will take time to create the best plan for you. Call for your complimentary consultation.



### Physicians WEIGHT LOSS Centers

281-769-9204 | [pwlkaty.com](http://pwlkaty.com)

Physicians WEIGHT LOSS Centers of Katy offers a wide range of non-surgical weight loss programs tailored to fit any lifestyle. Their six specially designed weight loss systems help you start losing pounds and inches right away. Each diet is nutritionally designed by their licensed dietitian to help you get the proper amount of protein, carbohydrates, fat, fiber, and essential vitamins and minerals that your body needs. Experience the fast, lasting weight loss only a medical-based program can provide!

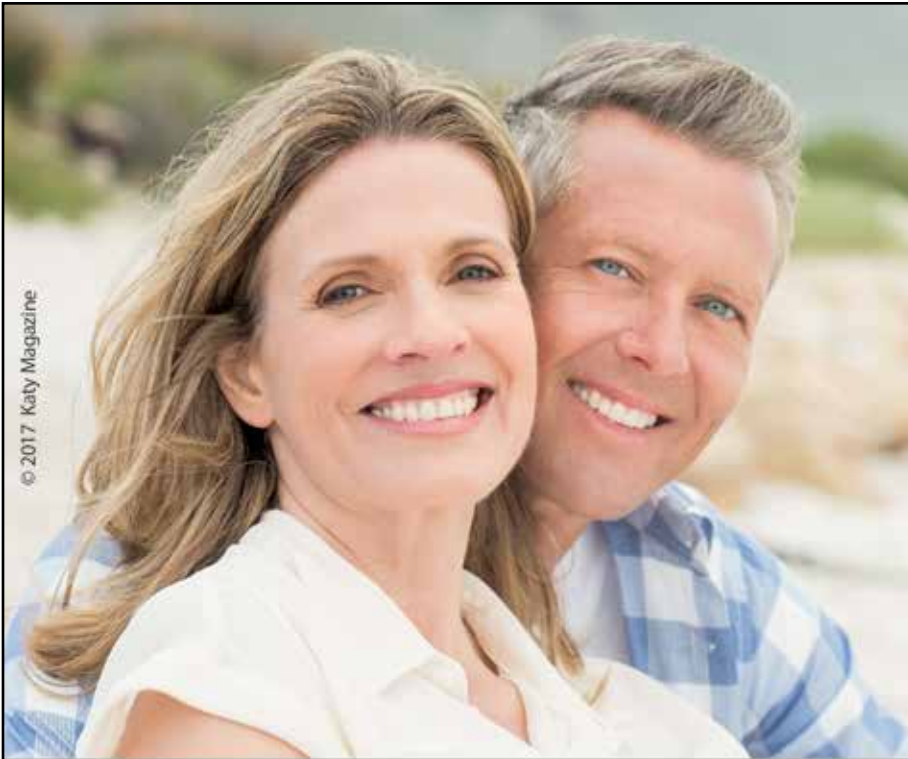


### Elite Women's Care Center

281-579-9900 | [torripercemd.com](http://torripercemd.com)

Caring for Katy women of all ages and stages, Elite Women's Care Center offers annual exams, prenatal care/obstetrics, preconception counseling, in-office procedures, adolescent gynecology, menopause, breast disorders, contraceptives, sterilizations, and other women's services. They are committed to providing compassionate, patient-centered, high quality care for adolescent to post-menopausal women. New patients are welcome so call for an appointment today.

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