

# PARENT TALK

*Katy parents share tips on common topics we all face*

**Q** *How can I help teach my child about lying?*

#### **Avoid Punishment**

"When your child first starts lying, don't punish him because he will eventually learn to lie better in order to avoid the consequences." - A.N.

#### **Be Honest**

"Talk things over after the lie has been told. Let her know that you know she hasn't told the truth and that you will discuss it with her when she is ready." - H.P.

#### **Safety First**

"Explain why the truth is important. If the lie puts your child at risk, make sure he understands the truth keeps him safe." - C.K.

**Q** *How can I treat my child's eczema?*

#### **Curb It With Cold**

"If she has mild eczema, ice cold cloths dabbed on the affected area work well." - T.H.

#### **Avoid Harsh Chemicals**

"Avoid soap with artificial fragrances, including bubble bath. Moisturize after bathing using mild lotion with no fragrance." - T.L.

#### **Harmful Foods**

"Watch his diet - certain foods can make it flare up. Dairy, wheat, and soy are common allergens." - G.H.

#### **Special Lotions**

"I use lotion that is made for eczema, such as Aveeno, but I have known others whose eczema is so bad they have to have a doctor prescribe a special cream." - F.K.

**Q** *How can I teach my toddler to share?*



#### **Sort Toys to Share**

"If he's having a friend over, we allow him to go through his toys and he can put away toys that he doesn't want to share. That way if there's something special he doesn't want broken, it's not even in the picture." - C.S.

#### **Toy Time-Out**

"I usually take the offending toy out of the equation. I'll put the toy in time-out for the remainder of the day." - A.I.

#### **Adjust Your Language**

"Toddlers don't quite understand the concept of 'share' and my daycare provider told me that it's better to teach them to 'take turns.' If a kid knows that he will eventually get a turn playing with a toy, he's more willing to share it." - D.B.

#### **Set a Time Limit**

"We use a timer with our two children. If they begin fighting over the same toy, we let one play with it until the timer goes off, and then they have to switch." - G.S.



*Have helpful tips to share? Have questions of your own?*

*Email [editor@katymagazine.com](mailto:editor@katymagazine.com) or visit [Katy Magazine's Facebook page](#) and watch for parent talk questions posted regularly!*

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