

# PARENT TALK

*Katy parents share tips on common topics we all face*

**Q** *How do I get my child to understand “No” means “No?”*

**Stand Your Ground**

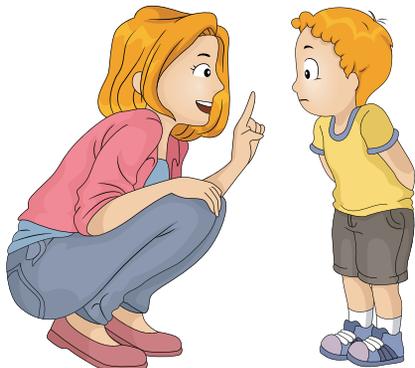
“Ignore tantrums as a result of your ‘No.’ They are designed to make you change your mind.” - K.H.

**Parent Time-Out**

“Use parent time-out when they pester you. Move away or pretend kids aren’t there.” - K.J.

**Create a Policy**

“Establish a ‘no means no’ policy. If your child throws a fit, send them to their room or to time-out.” - F.J.



**Q** *How do I help my child with homework?*

**Make a Routine**

“Establish a predictable routine, such as completing homework after a 30-minute break after school.” - V.B.

**Make it Fun**

“Make homework time as enjoyable as possible. Maybe create your own flashcards or give small rewards for completion.” - R.L.

**Be Realistic**

“Don’t expect to solve all homework difficulties. Part of a teacher’s job is to answer questions.” - C.W.

**Q** *How do I stop fighting with my strong-willed child?*

**Choose Wisely**

“Sometimes parents argue with stubborn kids over minor things. It’s best to save your energy for important battles.” - Y.R.

**Let Them Choose**

“Give them choices rather than telling them what to do.” - S.M.

**Give Praise**

“Praise his or her efforts at communicating or resolving conflict without an argument.” - C.V.

**Q** *Should my child start school at age 5 or wait a year?*

**Ask a Professional**

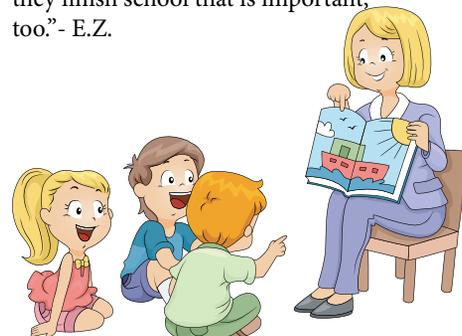
“Get professional advice and guidance from your child’s preschool teacher about your child’s readiness for school.” - L.G.

**Maturity Levels**

“Consider your child’s gender. Boys typically mature slower than girls.” - A.M.

**Regard Birth Date**

“Take into consideration your child’s birth date. Remember it’s not just starting age, but it’s their age when they finish school that is important, too.” - E.Z.



*Have helpful tips to share? Have questions of your own?*

*Email editor@katymagazine.com or visit Katy Magazine’s Facebook page and watch for parent talk questions posted regularly!*

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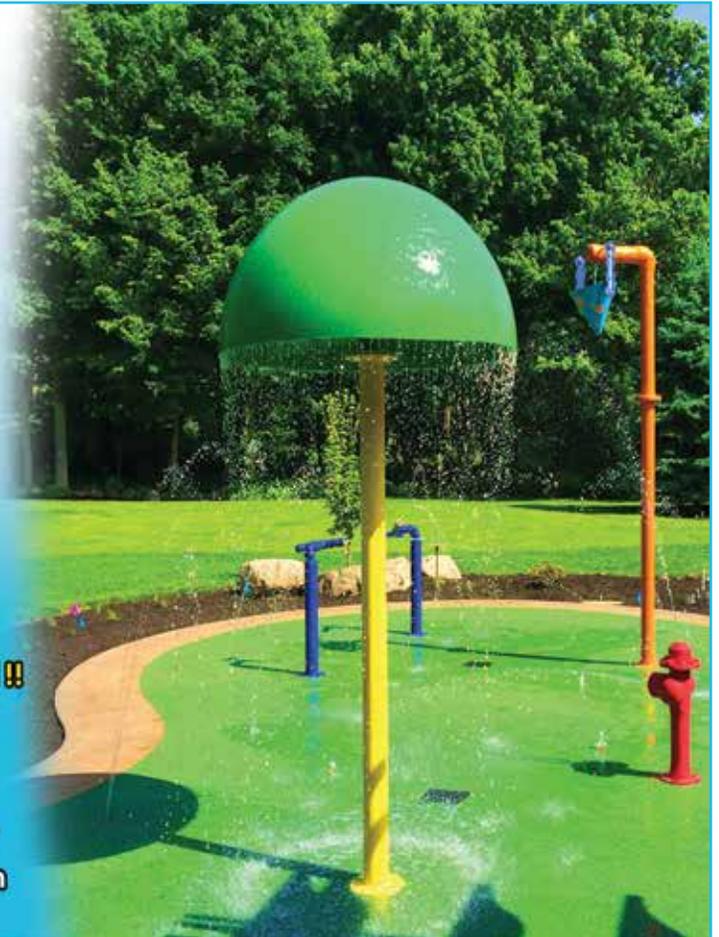
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