

PARENT TALK

Katy parents share tips on common topics we all face

Q *How do I get my child to understand “No” means “No?”*

Stand Your Ground

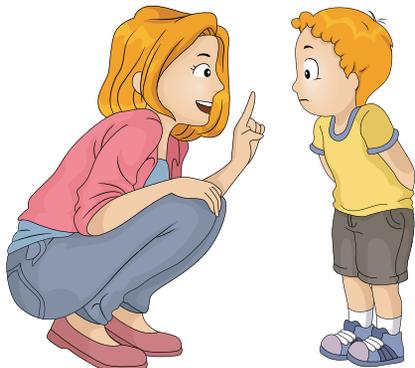
“Ignore tantrums as a result of your ‘No.’ They are designed to make you change your mind.” - K.H.

Parent Time-Out

“Use parent time-out when they pester you. Move away or pretend kids aren’t there.” - K.J.

Create a Policy

“Establish a ‘no means no’ policy. If your child throws a fit, send them to their room or to time-out.” - F.J.



Q *How do I help my child with homework?*

Make a Routine

“Establish a predictable routine, such as completing homework after a 30-minute break after school.” - V.B.

Make it Fun

“Make homework time as enjoyable as possible. Maybe create your own flashcards or give small rewards for completion.” - R.L.

Be Realistic

“Don’t expect to solve all homework difficulties. Part of a teacher’s job is to answer questions.” - C.W.

Q *How do I stop fighting with my strong-willed child?*

Choose Wisely

“Sometimes parents argue with stubborn kids over minor things. It’s best to save your energy for important battles.” - Y.R.

Let Them Choose

“Give them choices rather than telling them what to do.” - S.M.

Give Praise

“Praise his or her efforts at communicating or resolving conflict without an argument.” - C.V.

Q *Should my child start school at age 5 or wait a year?*

Ask a Professional

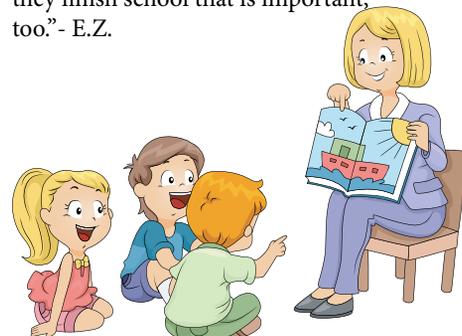
“Get professional advice and guidance from your child’s preschool teacher about your child’s readiness for school.” - L.G.

Maturity Levels

“Consider your child’s gender. Boys typically mature slower than girls.” - A.M.

Regard Birth Date

“Take into consideration your child’s birth date. Remember it’s not just starting age, but it’s their age when they finish school that is important, too.” - E.Z.



Have helpful tips to share? Have questions of your own?

Email editor@katymagazine.com or visit Katy Magazine’s Facebook page and watch for parent talk questions posted regularly!

MISTER SPLASH

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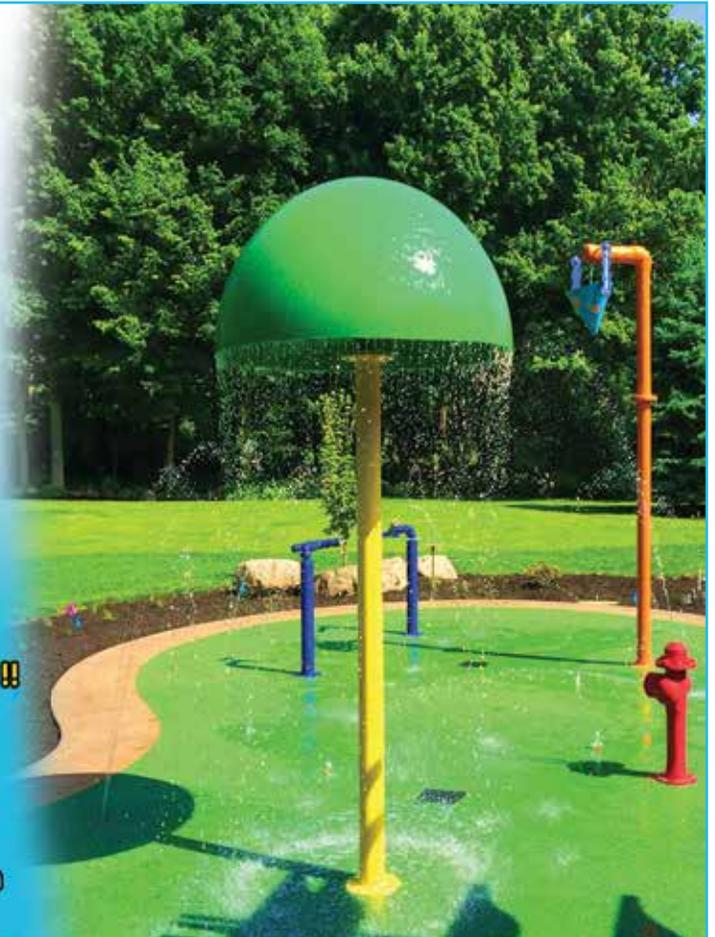
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