

They're dedicated, conditioned, and hardworking. They endure full-day summer practices and perform regularly in the blazing sun wearing wool uniforms. Through it all these Katy ISD students are forever bonded as a team in the camaraderie of music.







Cinco Ranch band members pride themselves on creating a high-energy environment during games

After kick-off, the Katy Tiger Roarin' Band plays their "Train song" to get everyone excited

The color guard practices and performs with the marching bands throughout the season

We Are the Band

Each of Katy's seven high schools has 200 to 300 band members led by directors, drum majors, and student section leaders. The bands start training for their crowd-pleasing performances and competitions in three-week long summer camps. Sunscreen is as necessary as sheet music at band camp, which runs eight hours each day, and includes about four hours of marching in the Texas heat.

Seven Lakes High School (SLHS) junior, Lauren Ronaghan's favorite band memory happened her freshman year. "From the time we stepped onto the field with the bright stadium lights shining down on us, to hearing the first explosive note of *Romanesque* reverberate through the audience, to the triumph echoing in our last note, as the stadium leapt to its feet cheering. I truly realized that being in band was so much more than just playing an instrument and marching."

Musical Athletes

"The kids become very well-conditioned through the course of the fall marching band season," says David Reynolds, interim band director at SLHS. "We like to call them 'musical athletes." Songs and marching steps are taught at band camp, and peer leaders help each section perfect them. Once camp is over, students audition before the director to find their chair, or ranking, in their instrument section. "We try to group them by skill level so that they will have a more successful experience," Reynolds explains. During the fall season, band members are very busy, performing at games and competitions almost every weekend, with up to eight hours of rehearsal a week. If their football team makes it to state, the band goes with them. "It's a lot of work, but it's worth it," says Mayde Creek High School (MCHS) sophomore clarinet player, Sheila Montazedian.

Building a Legacy of Excellence

- Youth and Adult Martial Arts
- Ladies MMA Burn
- Adult MMA Fitness
- After School All-Stars
- Lil Ninjas (4-5 yrs)
- Fun Birthday Parties



Master Instructor Scott Jones is a 5th degree black belt with 20+ years experience. Plus, he instructed for the Chuck Norris Kickstart Kids Foundation for 9 years.

CALL & MENTION KATY MAGAZINE FOR A

FREE TRIAL CLASS

5929 FM 1463 KATY, TX 77494







832,913,8820







SERVING OVER 90 CRAFT BEERS DAILY

24515 Katy Freeway • 281-347-0090 • www.oldchicago.com On the I-10 feeder at Katy Fort Bend Rd.



WITH ANY \$30 PURCHASE

Valid at participating locations only. Void where prohibited. No cash value. For promotional purposes only. One per person, per visit. Cannot be combined with any other offers or discounts. Not valid for gift card or alcohol-only purchases. Dine-in only. Not valid on to-go orders. Excludes tax and gratuity. Coupon cannot be duplicated and may not be reprinted.

PROMO: KATYDEAL EXP 10/31/16



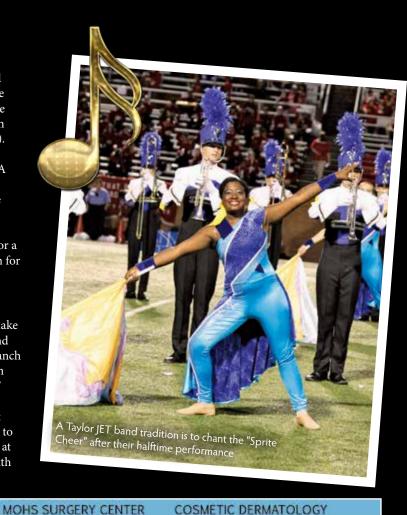
Competition Season

Toward late November, competition season begins. Band students participate in local, district, and sometimes state and national contests. "These students commit more time and travel than any organization in the school," says Ryan Pride, assistant band director at Katy High School (KHS).

"When football season ends, we don't get an off-season. A benefit to being in band is the opportunity to take sweet field trips," shares Emily Thrower, a recent KHS graduate and head drum major. "Throughout high school I had the opportunity to travel with friends to Disney World, Universal Studios, and Kemah Boardwalk. I got to play for a college basketball team and perform the national anthem for the Houston Texans."

More than Music

Being in the band teaches teens more than just how to make music. "You learn discipline, teamwork, perseverance, and dedication to your team," says Megan Rudolph, Cinco Ranch High School's assistant band director. "The students learn what it is like to achieve as a group, not as an individual," explaines James Dolnik, head band director and chair of the Fine Arts Department at MCHS. "I have learned that in order to be successful as a group, you need to be there to guide each other," says Emily Laque, a junior tuba player at MCHS. "It's great to see a performance come together with so many people."





- MOHS MICROGRAPHIC SURGERY & SKIN CANCER TREATMENT
- MEDICAL DERMATOLOGY
- COSMETIC DERMATOLOGY



- IN NETWORK WITH MOST INSURANCES & MEDICARE PLANS
- NO LONG WAITS FOR APPOINTMENTS
- . WE OFFER SAME DAY AND ONLINE APPOINTMENT SCHEDULING





Call for an Appointment

COSMETIC DERMATOLOGY

Now in Katy!

TEXAS DERMATOLOGY SPECIALISTS 705 S. FRY RD #325 KATY TX 77450 713-771-1100 TEXASDERMATOLOGY.COM

Stephen Bond, the band director at Tompkins High School expresses the benefits to being in band, "Students are given an opportunity to express themselves musically, learn how to work as a team and hopefully become lifelong lovers of music. You have to be dedicated to be successful and you're going to have to make sacrifices."

Juggling Act

Juggling other responsibilities with band commitments can be difficult. "Incoming students should be prepared for the time commitment," says Bryce Griffin, an SLHS graduate who played tenor saxophone and was band president for the 2015 to 2016 school year. "You can't go halfway. During the fall, band consumes most of your free time. It definitely teaches you organization," Bruce Melville, assistant band director at Taylor High School agrees. "It's really a chance for all of our students to develop their individual leadership skills," says Kyle Coleman, band director at Morton Ranch High School. "It's a great chance to be in a group dynamic similar to being in a corporation. If they don't do their part, it really does affect all the other students in the program. No other high school group develops student leadership to quite that level."

Melville agrees that being in the band teaches students how to be organized. "We have fewer failures when the kids are busier. They are just doing more and keep track of their time better." Lots of students juggle other sports along with their studies. "We have a lot of kids who do a lot of stuff. We had two varsity football players, all-state cheerleaders, all-state track members, robotics team members, and also kids who work. They know how to manage what they've committed to," says Rudolph.

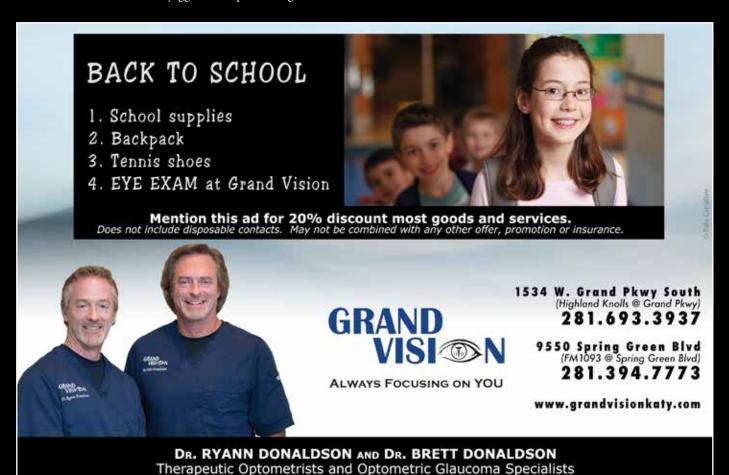
We Are Family

Social activities organized by high school bands are numerous. "For a freshman coming in, they have 200 friends instantly," describes Melville. "The most important thing I've gained has been the fantastic support and friendships from everyone here," says Ronaghan. "All members are at different levels and are willing to help in any way they can, both in band and school."

Hours spent on the field, in the stands, at competition, and in the band hall foster strong bonds between band members. "When you spend so much time as a band together, it becomes family," adds Pride. Deep and lifelong friendships form, and many go on to play music with other musicians throughout their lives. **KM**



TONYA ELLIS does not play an instrument, but enjoys hearing her kids play saxophone, clarinet, and trumpet in band.





NEW PATIENT SPECIAL

Saturday & Late Hours Available

Walk-ins and Emergencies

Most PPO Insurances Accepted



Welcoming New Patients

FREE COSMETIC CONSULTATION 281-712-6191 portraitdental.com

MINH NGUYEN, DDS 27131 Cinco Ranch Blvd. #250 (at Spring Green) Katy, TX 77494





The HAND & PLASTIC SURGERY CENTER of Katy PLIC



YOUR KATY HAND & PLASTIC SURGERY SPECIALISTS

Put your hands in our hands

Providing exceptional, personalized care for hand and plastic surgery patients in the Greater Katy Area. Both Dr. Stephenson and Dr. Das are Board Certified and fellowship trained plastic and hand surgeons dedicated to helping you achieve your individual goals in a safe and thoughtful manner.

HAND SURGERY

- CARPAL TUNNEL
- TRIGGER FINGER
- CYSTS & MASSES
- HAND & WRIST ARTHRITIS
- . HAND & WRIST TRAUMA

PLASTIC SURGERY

- SKIN CANCER RECONSTRUCTION
- SCAR REVISION
- BREAST RECONSTRUCTION
- BREAST REDUCTION
- GYNECOMASTIA

I.B. STEPHENSON IV. MD BOARD CERTIFIED PLASTIC & HAND SURGEON

A Katy native and graduate of The University of Texas at Austin and Baylor College of Medicine, Dr. Stephenson specializes

in hand surgery and reconstructive plastic surgery.

DIPAN DAS. MD

BOARD CERTIFIED PLASTIC & HAND SURGEON

Now based in Katy, Dr. Das is a Wisconsin native who completed his residency and fellowship training at the Medical College of Wisconsin. He focuses his efforts in both hand and plastic surgery.

HandAndPlasticsKaty.com 832-232-4263

23960 KATY FREEWAY, SUITE 380 (Memorial Hermann Katy Medical Plaza 2)



BANDOLOGYBASICS



DRUM MAJORS

Student leaders that conduct the band at football games, pep rallies, and community events, and help run rehearsals.

DRILL INSTRUCTORS AND SECTION LEADERS

They are in charge of each music section: woodwinds, brass, and percussion.

DRUMLINE

A group that brings the "boom," using percussion instruments like snare, tenors, and bass cymbals, as well as vibraphones and electronics.

COLOR GUARD

Dancers that perform with flags, fake rifles, and sabers, to provide visual excitement and add another dimension to the music.

Martha Sotheby's Turner | INTERNATIONAL REALTY





LAKES OF KATY

Diane Kiecke | 281.773.6884

Skiers Crossing Drive | \$890s 4/3.5+-±4,455 sf A water skier's dream home features granite counters, tile flooring, outdoor bath, covered patio and pool/spa.





WOODCREEK RESERVE

Windsor Woods Lane | \$870s 4/3.5+ - ±5.099 sf Stunning home with unique floor plan offers resort-style living unlike any other home in the neighborhood







LAKES OF BUCKINGHAM KELLIWOOD

Landon Brook Court | \$590s 4/3.5 - ±4.102 sf Beautiful home on ±10,667 sf lot in a gated community boasts an outdoor kitchen, game and media rooms

Karen Hornbeck | 832.482.8543





GRANDIAKES



Baron Cove Lane | \$470s 5/4.5 - ±3.884 sf Immaculate Trendmaker home nestled on a cul-de-sac street with lake access and a pool sized backyard.

Diane Kiecke | 281.773.6884

marthaturner.com | 713.520.1981

Operated by Sotheby's International Realty, Inc.





Customized Fitness Training Programs

Highly trained fitness and nutrition experts

State-of-the-art facilities Non-Intimidating environment



Call to schedule your FREE TRAINING SESSION VILLAGIO TOWN CENTER 22756 Westhelmer Pkwy. Katy FIRETHORNE 2770 FM 1463 Rd. Katy (OPENING THIS FALL)

281-395-0827 esnhealth.com