

PARENT TALK

Katy parents share tips on common topics we all face



Q *How do I get my kids to go to bed and stay there?*

Bedtime Routines

“Have some sort of routine such as ‘quiet time, drink, and story,’ which signals the end of the day and stick to it.” - J.K.

Make it Fun

“Make bedtime enjoyable and fun so they want to go to bed.” - P.T.

Don't Give In

“Be firm and resist procrastination and cries for ‘one more story.’” - F.Y.

Q *My children fight all the time. How should I respond in order for them to stop?*

Don't Give the Resolution

“Help children resolve their own partnership problem themselves.” - H.P.

Calming Effect

“Get the kids to calm down before you help them work through the problem. Send them to different rooms for a while.” - H.G.



Q *How do I start encouraging my kids to be independent?*

Start Small

“Ask kids to set the meal table as a first toward getting them to cook a meal.” - D.L.

Stop Helping

“Avoid doing things for them that they can do on their own so that they will begin to learn to do them.” - C.B.

Don't Give In

“Resist tantrums and other negative ways that they may use to make you change your mind.” - T.L.

Q *How do I know if my child's poor behavior is just a phase?*

Have Discussions

“Talk to your child lovingly and ask open-ended questions about how they're feeling. Kids will usually tell you what's wrong if you slow down and take the time to listen.” - K.W.

Look for Benchmarks

“Some children's behavior is developmental - fear of the dark, separation anxiety, and tantrum-throwing are common at different stages.” - O.P.

Trust your Gut

“Listen to your instinct and if in doubt, get your child checked out by a suitable professional.” - K.E.

Have helpful tips to share? Have questions of your own?

Email editor@katymagazine.com or visit Katy Magazine's Facebook page and watch for parent talk questions posted regularly!

This summer,
imagination take flight.



Each Primrose school is a privately owned and operated franchise. Primrose Schools is a trademark of Primrose School Franchising Company. ©2015 Primrose School Franchising Company. All rights reserved. *Ages for Summer Adventure Club programs vary by location.

PRIMROSE SCHOOLS® SUMMER ADVENTURE CLUB

Experience the excitement of our Summer Adventure Club where imaginations are free to run wild. Get ready for engineering design challenges, discoveries, outdoor exploration and more. It's going to be one epic summer. Fun for ages 5 - 10.*

Learn more at PrimroseSummer.com.

Primrose School of Cinco Ranch

281.693.7711 • PrimroseCincoRanch.com

Primrose School of West Cinco Ranch

281.374.1212 • PrimroseWestCincoRanch.com

Primrose School of North Mason Creek

281.492.7400 • PrimroseMasonCreek.com

Primrose School of Kelliwood

281.828.1600 • PrimroseKelliwood.com



COSMETICS | KATY STUDIO



Express Facial
Express Makeover
Foundation Check
Professional
Bridal Makeup
Gentle Ear Piercing

GIVE SUMMER A
WARM WELCOME!

Book your free Summer Makeover today!



Call 281-395-5200 for Your FREE Skin Assessment!

281-395-5200 | www.merlenormanstudio.com/TX/KATY/
23501 Cinco Ranch Blvd. Katy, TX 77494 (Located in LaCentera at Cinco Ranch)

Gymnastics & Tumbling

Recreational & Competitive Girls & Boys Ages 5 & Up

THE LEADER IN KATY
GYMNASTICS!

© 2015 Katy Magazine



Gymnastics
Total Tumbling
School Age Boys & Girls
Preschool Gymnastics
Boy's Gladiators
Competitive Teams
Moms & Tots
Open Gym
Birthday Parties
Homeschool Classes
Excel Teams

WWW.KATYKIPS.COM

MENTION AD FOR A FREE TRYOUT CLASS!



KATY KIPS

Katy's Premier Gymnastics Center Since 1978

923 S. Mason Rd. (by Pump it Up) 281.578.5477