

KATY MAGAZINE'S GUIDE TO

FREE WIFI  HOT SPOTS

Keeping busy Katyites connected while on the go

Baccailis Café 3950 N. Fry Rd. 281-579-1828	Dish Society 23501 Cinco Ranch Blvd. 281-394-7555	Maud Marks Library 1815 Westgreen Blvd. 281-492-8592	Slim Chickens 23320 Mercantile Pkwy. 281-347-0100
Bagel Café 631 S. Mason Rd. 281-646-7474	DoubleDave's Pizzaworks 1650 S. Mason Rd. 281-391-3283	Mi Pueblito Restaurant 402 W. Grand Pkwy. 281-665-8690	Snappy's Café and Grill 5803 Highway Blvd. 281-391-8163
Bahama Bucks 3902 N. Fry Rd. 281-579-9011	Freebirds World Burrito 21923 Katy Fwy. 281-574-3704	Old Chicago Pizza and Taproom 24515 Katy Fwy. 281-347-0090	Starbucks Multiple locations
BJ's Restaurant 20536 Katy Fwy. 281-769-1850	Fuddruckers 25407 Bell Patna Dr. 281-644-7616	Panera Bread 19502 Katy Fwy., Houston 281-398-6444	Sweet & Salty Bakery and Creperie 22764 Westheimer Pkwy. 281-395-5065
Black Walnut Café 23233 Cinco Ranch Blvd. 281-371-2233	Fusion 36 Degree 3950 N. Fry Rd. 281-579-1828	Panera Bread 23501 Cinco Ranch Blvd. 281-395-6100	Texas Borders Bar & Grill 20940 Katy Fwy. 832-974-0566
Caribou Coffee 333 S. Mason Rd. 281-599-6350	Katy Branch Library 5414 Franz Rd. 281-391-3509	PDQ 23703 Cinco Ranch Blvd. 281-786-3239	Texas Mesquite Grill 20095 Katy Fwy. 281-829-0444
The Cellar Door 829 S. Mason Rd. 281-599-3303	Kim's Tea House 1519 S. Mason Rd. 281-646-0002	Pho Katy 811 S. Mason Rd. 281-206-7933	Uberrito Mexican Grill 23501 Cinco Ranch Blvd. 281-371-7150
Cilantro's Arepa Grill 2004 S. Mason Rd. 281-371-8226	Kolache Factory Multiple locations	Potbelly Sandwiches 23701 Cinco Ranch Blvd. 281-395-3482	Verts Mediterranean Grill 1453 S. Mason Rd. 281-944-9621
Cinco Ranch Library 2620 Commercial Center Blvd. 281-395-1311	Kosmos Coffee Shop 22765 Westheimer Pkwy. 281-395-4001	Proud Pie 3522 S. Mason Rd. 877-420-0576	Which Wich 19355 Katy Fwy. 281-578-2846
Cocohodo 1645 Winding Hollow Dr. 832-321-5849	La Madeleine 23322 Mercantile Pkwy. 281-395-2888	Restless Palate 2643 Commercial Center Blvd. 281-574-7431	Zoës Kitchen 2643 Commercial Center Blvd. 281-347-1017
Corner Bakery Café 19355 Katy Fwy. 832-772-9874	LaCenterra at Cinco Ranch 23501 Cinco Ranch Blvd. 281-395-5533	Sammy's Sports Grill 22762 Westheimer Pkwy. 281-347-6077	
Dickey's Barbecue Pit 390 S. Mason Rd. 281-347-3097	Marini's Original Empanada House 3522 S. Mason Rd. 281-391-4273	Sammy's Sports Grill 9630 Spring Green Blvd. 281-392-0255	

Do you have a favorite WiFi hotspot in Katy? Email us at editor@katymagazine.com!
Check with staff for WiFi password.



FDA APPROVED TREATMENT PROVEN TO RELIEVE KNEE PAIN

Treatment Covered by Most
Major Health Insurance
Plans - Including Medicare

"I was not able to run because of my knee pain. The pain was so bad that it affected my PT when serving in the Army. Since starting care at Superior Healthcare I am able to run 3 miles or more without pain! I am able to live life and do things that I was not able to do in a long time. I am too young to be dealing with these issues. My recommendation is for anyone that is suffering from knee pain or health problems that they come to Superior Healthcare and it will change their lives."

— Alvaro L.

Knowledge & Experience

The Superior Healthcare of Katy
Pain Relief Difference

- Extensive Team of Health Professionals
- Specialists in Physical Medicine
- Years of Experience
- Pain Relief without Medications
- Latest FDA Cleared Treatments

After treating thousands of patients, the doctors have a great understanding of each condition and they know what protocols to include for successful treatment.

The Superior Healthcare Physical Medicine Team

David Ellis, DO, MPH
Robert Fritz, DC

Rabia Kamal, PA-C
Scott Watier, B.Sc, DC

What Causes Osteoarthritis?

- Weight
- Injuries
- Inflammation
- Joint misalignments
- Wear & tear from age
- Long term activity stresses



Do you wake up with
knee pain?

Does your knee pain keep
you from certain activities?

Have you been told you
need a knee replacement?

Are you active and sometimes suffer
from sore knees?

Do you take medications for knee pain?

Do you have difficulty going up and down
stairs due to knee pain?

Are you considering surgery to alleviate
knee pain?

Have you tried everything to get rid of knee
pain with no success?

If you answered yes to any of these ques-
tions, you are ready to experience the relief
and healing found at Superior Healthcare
of Katy.

**Call now if you experience any degree
of knee pain or discomfort. Let us
help you regain your freedom!**

Start Living Pain FREE!
Treatment is Safe, Easy and
Requires NO Surgery

SPACE IS LIMITED TO THE FIRST 30 CALLERS.

Call today to Schedule your
FREE evaluation

281-769-1886

SUPERIOR HEALTHCARE
PHYSICAL MEDICINE

24124 Cinco Village Center Blvd #300
Katy, TX 77494

www.superiorhealthcarekaty.com