

KATY FAMILY Health Bulletins

KATY HEALTH EVENTS

Don't miss these upcoming health-related events

SIBLING CLASS

July 7

Memorial Hermann Katy Hospital
23900 Katy Fwy.
6 - 7 p.m.

This class is designed for children ages 3 to 7 years. They learn to hold, diaper, and wrap babies using dolls in the classroom. Cost is \$10. Register children attending at memorialhermann.org/classes-events.

MEDICAL WEIGHT MANAGEMENT ORIENTATION

July 11

Houston Methodist West Hospital
18500 Katy Fwy.
5:30 - 6:30 p.m.

Attend a free information session where you will learn about treatment options offered at the Houston Methodist Weight Management Center. Visit houstonmethodist.org/events.

TRAIN YOUR BRAIN

July 19

Memorial Hermann Katy Hospital
23900 Katy Fwy.
6 - 7 p.m.

The stroke support group is a program of Memorial Hermann Katy and Memorial Hermann Rehabilitation Hospital-Katy. Register by calling 713-222-2273.

This is only a sampling of the events offered in Katy.
Please visit KatyMagazine.com for more.

Houston Methodist West Hospital Breaks Ground on Expansion

Houston Methodist West Hospital is now expanding its campus to better serve its community. The 228,000-square-foot construction project is expected to be complete mid-2018. The expansion will add 95 more patient rooms, totaling 288; 22 additional emergency rooms, totaling 50; and 10 state-of-the-art operating rooms, totaling 25. Imaging services and the maternity unit will also be expanded. On the west side of campus, a second free parking garage with 867 parking spaces will be complete by mid-2017.

Texas Children's Hospital West Campus Celebrates Fifth Anniversary

Since opening their doors in 2011, West Campus has provided more than 750,000 patient encounters in one of the fastest growing pediatric communities. The hospital is currently undergoing a three-year, \$50 million expansion effort that includes projects that will add a new inpatient capacity of 42 total beds, double operative capacity, substantially increase access to outpatient subspecialty care with the addition of more than 25 new exam rooms, and construct a dedicated interventional radiology suite for high fidelity image-guided procedures.

Memorial Hermann Health System Announces New President and CEO

The Memorial Hermann Health System board announced the appointment of Benjamin K. Chu, M.D., MPH, MACP as President and CEO of Memorial Hermann Health System, effective June 2016. Dr. Chu's appointment as president and CEO marks the first time in Memorial Hermann's history a physician will be leading the system. The move is indicative of the changing landscape in healthcare where the successful future of the industry relies on the true integration of provider and physicians. Dr. Chu earned his medical degree at New York University, his master's degree in public health from Columbia University, and a bachelor's degree in psychology from Yale University.

ONCOLOGY MESSAGE FOR YOUR HEALTH

Massages have been found to help cancer patients in their quest for symptom relief. Oncology massage is the modification of existing massage therapy techniques in order to safely provide massages to patients who are experiencing side effects from cancer or its treatment. Benefits of oncology massage may include: reducing mood disturbance, relieving stress or pain, reducing fatigue, minimizing insomnia, and promoting overall well-being. Oncology massage may be safe and effective during challenging times for those who have a history of cancer, received cancer treatment, are in active treatment, during recovery, survivorship, or receiving supportive care. First, speak with your physician to make sure massage integrates safely into your cancer treatment plan as part of a team-based approach to support your health needs. If you are interested in oncology massage, visit mdanderson.org/integrativemedcenter.

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Nurse Injector and Skin Care Consultant



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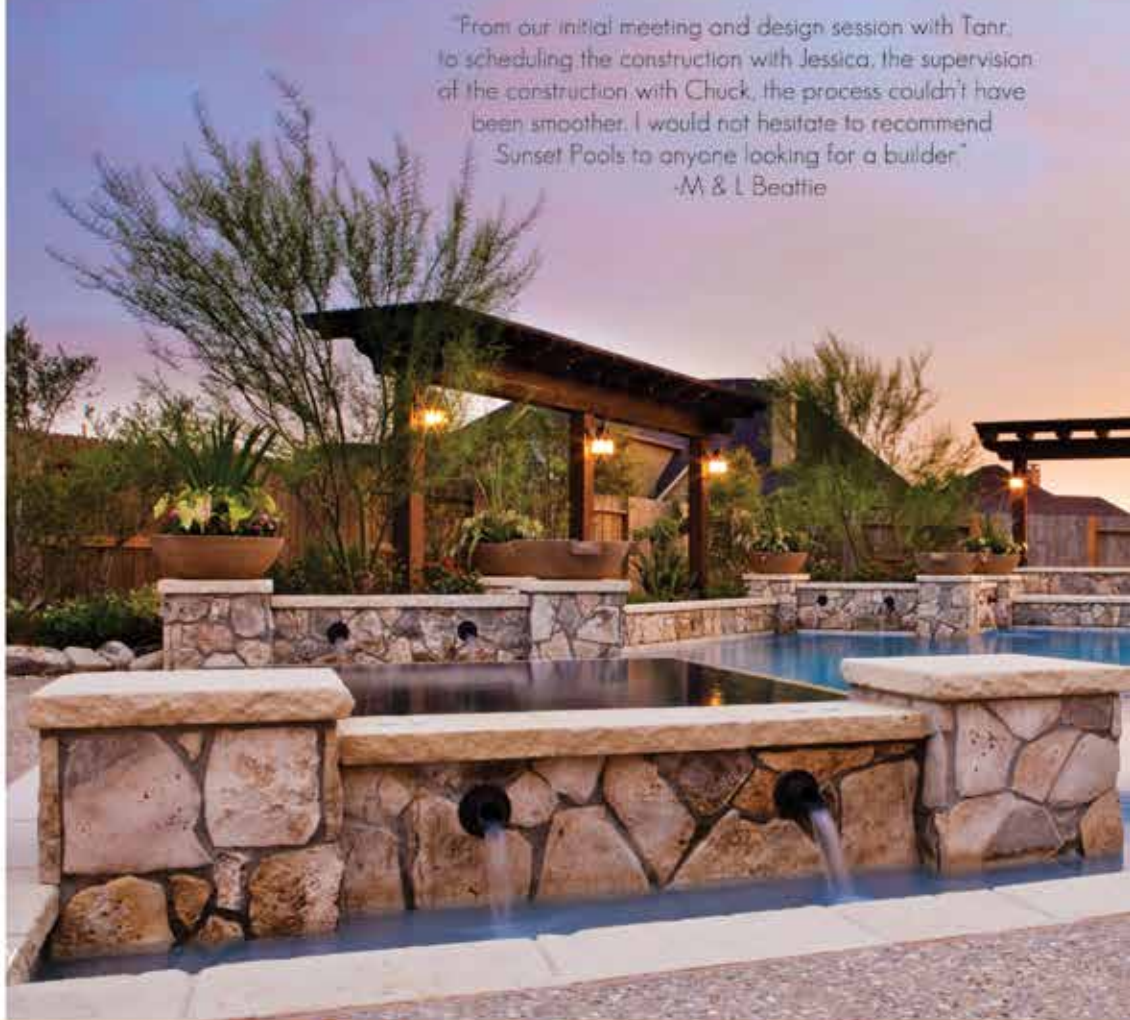


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