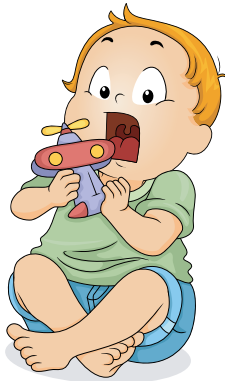


PARENT TALK

Katy parents share tips on common topics we all face



Q *What is a good disinfectant for baby toys?*

Lemon Squeeze

“Boil water and add some lemon juice.”
- Roxana V.

Go Natural

“Grapefruit seed extract!”
- Andee R.

Wipe Down

“Wipe the toys with Lysol wipes and let dry. Then rinse them in hot soapy water, rinse with cool water, and air dry.”
- Casey B.

Bleach Solution

“Wash in bleach water, then use Lysol spray, and rinse again. Afterward rinse again, let air dry, and put away.”
- LuCretia F.

Cloth Wipe

“Norwex cloths! They’re the greatest.”
- Shanelle L.

Sanitize

“Some of them can go in the dishwasher on the sanitize setting.”
- Crystal C.

Vinegar Spray

“Vinegar in a spray bottle.”
- Michelle M.

Q *What are some must-haves when expecting a second child?*

Easy Carrying

“An Ergo pack. It’s easier for you to carry the infant and also run around after your other child.”
- Audrey D.

Side Saddle

“A side-by-side stroller.”
- Jeannette D.

Cool Attachments

“A Joovy tandem stroller. It has a skateboard attachment.”
- Kristen L.

Double Wide

“A double umbrella stroller was ultimately more helpful for me than a big double stroller.”
- Crystal W.

Q *How do you wean off night nursing?*

Cold Turkey

“I made my daughter quit cold turkey in the middle of the night and gave her a paci instead.”
- Becca J.

Bottle Time

“Give him a bottle of milk (almond, rice, whatever) before bed, brush his teeth, and then tough love!”
- Ashlie C.

Turn off the Monitor

“When my son turned 1, I turned the monitor off, put him to bed, and went to sleep. He was fine in the morning and that was the first full night’s sleep I’d had in a year!”
- Hannah N.

Essentials

“I have a friend who gives her little ones Breakfast Essentials in their milk. They think it’s chocolate milk but it has all the vitamins and protein in it!”
- Jennifer M.



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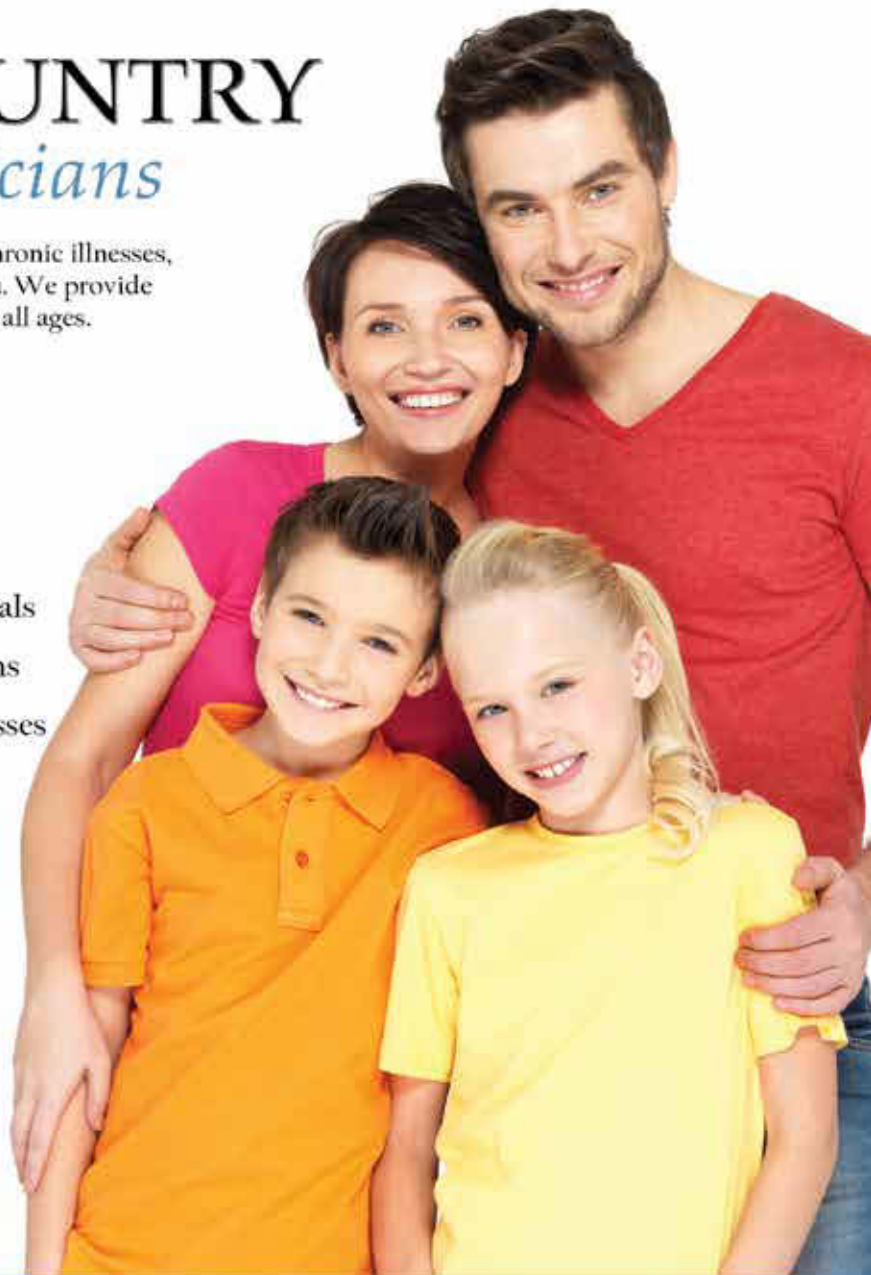
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