

Parent Talk

Katy parents share tips on common topics we all face

Jessica Wright with daughter Savannah and son Clayton



Photo by Sara Isola

Need Advice? Have helpful tips to share?
Katy parents share advice and tips for common kid issues. Follow us on Facebook and be a part of our Katy parent panel.



What are some Katy restaurants with great play areas?

"Grimaldi's! The food is fantastic and the atmosphere and view are amazing. We always head over to The Sweet Boutique afterwards and let the kids play at Central Green while we enjoy our treats. It is our ideal evening." - Jennifer Kendall

"All Stars Family Grill is my toddler's favorite. Having multiple outdoor playgrounds and burgers are imperative." - Bryana Howe

"We like to go to Red River BBQ because they have an awesome covered patio with misters when it's hot and a sandbox." - Priscilla Clark

"Trios on Kingsland. Food is excellent, and I like sitting outside and watching my son on their playground."
- Jacki Henry

"Jimmy Changas on Westgreen. Great playground and free soft serve." - Rebecca Osborne

"Clay's Restaurant! Best burgers and lots of fun stuff for kids." - Tracy Doll

"Drix on Mason just added a great play area."
- Sarah Lewis

"All Stars Family Grill and Lupe Tortilla's are our faves!" - Heather Rich

How do you get your child to follow a bedtime routine?

"First, give the child a time warning when the routine is about to start. That helped a lot to prepare my kids for what was coming without any big meltdowns. For example, 'In five minutes it's going to be shower time.'" - Andrea Mion

"Do it every night at the same time. Give a warning like, 'Tommy, five minutes until bath time, then story time, and night night.'" - Lauren Windham

"I use 100% lavender oil in my daughter's bath water. It is calming. You associate memories with smells, so it can even act as a trigger to them to remember it is bath time, story time, and then bed time." - Chelsea Smith

"Try a relaxing sequence of events that start winding them down. No TV or electronic devices, a bubble bath, teeth brushing, and cuddle time reading books works for us." - Ryan Dorn

"Kids won't follow anything without guidance. You decide what pattern you will follow and they will start to recognize it and realize what will happen next over time." - Mandy McKee

"Be consistent." - Tina Schaare





How do you cool down a child with a fever?

"Homemade fruit juice popsicles. Cools you down and gives you a good dose of vitamin C."

- Kristin Miller

"We do a bath and Be Kool strips."

- Dawn Dewees

"My little ones love to cuddle with a cup of soup while watching movies in mommy and daddy's bed. A bubble bath is always a plus."

- Natalie Allen

"Snuggling and wiping their foreheads with a damp washcloth usually does the trick."

- Rachel Allen

"A nice bath. Not hot though, lukewarm. Usually brings the fever down by at least a degree."

- Elizabeth Johnson

"Our little guy likes to snuggle with mommy, and sometimes it helps to put on his favorite movie or show to take his mind off his discomfort. It's never easy seeing them like that."

- Francisco Montoya

Thank you for participating in this issue's parent panel. Visit *Katy Magazine's* Facebook page and watch for parent talk questions posted regularly!

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