

GREAT ADVICE, TIPS, AND TRICKS FOR KATY PARENTS

Katy Family Gram

Tips for raising your child in a home filled with love

Written by Katrina Katsarelis



SPEAK LOVE

Make it a normal practice to say positive, encouraging, and uplifting words to your child. Kids thrive on praise from their parents.

LIGHT UP THE ROOM

Does your face light up when your child enters the room? Make sure and stop whatever you're doing and plaster a giant smile on your face the first time you see him after an absence of any kind.

ACCEPT WHO THEY ARE

Try to cherish your child's little quirks and be accepting even though he's not a great athlete, student, or whatever.

NOTICE THEIR BEST QUALITIES

Look for qualities that your child has and point them out. Is he caring, kind, funny, or helpful? Point out all of his unique gifts.

SET UP LISTENING TIME

Have a set time where you tell your child this is their time to talk to you about anything at all. Then just listen.

POST LOVE NOTES

Use whiteboard markers to post sweet messages of love on her bathroom mirror.

CATCH HER BEING GOOD

Did you just see your daughter put away her shoes and hang up her backpack? Verbally thank her if you'd like more of that habit in the future.

SING SWEET SONGS

Sing little fun love songs like, "You Are My Sunshine," or "I Love You, You Love Me" during ordinary moments throughout the day to remind him of your love. Music makes a happy home.

CELEBRATE LOVE DAY

Have a dedicated day for your family to spend time showing love through homemade gifts and love notes.

TEACH POSITIVITY

Show your child how to see the bright side of difficult situations and let him know that you will all get through it.

COMMUNICATE WELL

Communicate well with your child to make sure he knows what's going on and feels like a integral member of the family.

RESPECT OTHERS

Let your child witness you encouraging your spouse, your mother, his teacher, and even the overstressed waitress at the restaurant. This will help him know how to demonstrate love to others.

BE A PEACEMAKER

Keep strife and turmoil out of the home at all costs. Choose peace in all situations and disengage with difficult people that you encounter throughout the day.

HAVE A DO-OVER

When you are having a tense time with your child, see if there's a way to have a do-over and start fresh. Give each other a hug, apologize, and change the dynamic instantly.

COME FROM A PLACE OF LOVE

In all difficult encounters, stop and ask yourself if you are coming from a place of love and being understanding. Teach your child to do this as well.

TEACH THEM HOW TO LOVE

Give your child a special challenge to find the one child alone at the lunch table or at recess that needs some kindness. Then ask him how it went.

SERVE OTHERS

Look for opportunities to serve others together by volunteering at church, helping a neighbor, visiting seniors in a nursing home, or just doing something nice for the teacher. When you do this, you are modeling what's most important for your child. **KM**

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