



Preslee Lynn dresses up like a butterfly at our baby photo shoot at Willow Fork Country Club

Written by Sunshine Farris
Photography by Suzi Issa

Babies Babies Everywhere!

They're Cute, They're Cuddly and They Seem to be Everywhere in Katy. Are we in the Midst of a Baby Boom?

Have you looked around Katy lately? Adorable babies seem to be popping up everywhere. According to local hospital officials, Katy's baby population is undeniably on the rise. "In 2006 we delivered 1,569 babies," says Diana Schauer-Tran, Senior Marketing Representative for the Western Region at Memorial Hermann Katy Hospital. "A year later in 2007 there were a total of 2401 babies delivered. For the past four months we have averaged 230 births monthly. This means we are estimating a total of 2760 births at the end of 2008."

The baby trend is not only in Katy; Houston's baby population is also climbing. Jennifer Hart, a representative of Memorial Hermann Children's Hospital says, "We have seen a 47% increase in deliveries at Children's Memorial Hermann from 2002 to 2007. There were 4,671 deliveries in 2007, and the hospital is projected to have more than 5,000 in 2008."



Case, 3 months, was born at CHRISTUS St. Catherine Hospital

Birthing Suites Extraordinaire

Here's some great news for all expecting Katy moms. Local hospitals roll out the red carpet to make the preparation for and delivery of your baby a very special occasion. "It's all about the consumer," says Diane Shauer-Tran at Memorial Hermann Katy Hospital. "We want you to have the best experience as a customer. You should see the rooms here -- they are beautiful. We also offer room service and aromatherapy options."

"My birthing suite was like a hotel room," says new mom Bonnie Cerny, who delivered a baby boy at CHRISTUS St. Catherine last fall. "Each room has a nice big window, a private bathroom as well as a sofa and a recliner. Cerny says the supplies needed for labor, delivery and recovery were contained in a supply closet right in her room so everything was close at hand. But more than a nice room, Cerny says the CHRISTUS staff made sure she had a positive birth experience. "The staff was incredible. My labor and delivery nurse Melanie Hanson made it the best experience of my life. We left feeling like we had a new friend."


Baby Programs Galore

Christa Clifton, Marketing/Public Relations Manager for CHRISTUS St. Catherine Hospital says they also offer many programs for new parents and families, "We have childbirth classes,

The Balanced Approach to your Child's Development

NOW HIRING

A Child's Reflection



Our curriculum balances the social, physical, emotional, nutritional, cognitive, & language arts development needs of your child in a fun, safe and nurturing environment.

NOW ENROLLING FOR 2008-09 SCHOOL YEAR

Caring for Katy Kids
Over 20 Years

Quality Care & Education
for Children 6 weeks - 12 years

- Lowest student/teacher ratio
- Spanish & music
- 20,000 sq. ft. of playground
- Gymnastics & Ballet
- State-of-the-art computer lab
- Nutritious meals & snacks

www.achildsreflection.net

281-492-1229

875 S. Fry Rd. (@ Kingsland)

© 2008 Katy Magazine

Grandma's House Child Development Center




NOW HIRING

Now Enrolling for 2008-09 School Year

Your child's development is our mission! We:

- work to build a foundation for life long learning
- inspire positive feelings and self-esteem
- teach a challenging and stimulating curriculum
- offer enrichment through gymnastics, drama and Spanish

Ages 6 weeks to 12 years

281-496-3105

easy access for Katy commuters through George Bush Park or West Park Tollway

14840 Branch Forest Dr. (off HWY6)
westoaksprivate.com

© 2008 Katy Magazine

Delivering Katy's Future...



One baby at a time.



John T. Pappadas, M.D., F.A.C.O.G.
Board Certified in Obstetrics and Gynecology

- ~ 15 Years of Experience*
- ~ Attentive, Compassionate Patient Care*
- ~ Warm, Friendly Office Staff*
- ~ Now in Katy*

281-579-9056
707 South Fry Road, Suite 475
Katy, Texas 77450
Christus St. Catherine Center

© 2006 Katy Magazine

sibling classes, open house tours for parents-to-be, and Lamaze classes. We celebrate the new births with handcrafted momentos from our staff as a token of this special occasion." All local hospitals offer incredible classes to help prep parents and siblings for the arrival of the new baby. They are also very sensitive to the needs and desires of the delivering mother. Policies on Labor Room capacity are generally alike for most hospitals. A couple of family members are allowed in the rooms and no children are allowed in the rooms unless they are a sibling and are accompanied by an adult.

A Baby Changes Everything

Katy mom Harmony Patterson has four children ranging from four months to eight years of age. Patterson says she cherishes the times right after each baby is born. "I adore the first few weeks after a new baby is born. You can spend endless hours staring into their precious new faces and getting to know them." And she feels strongly that nothing in the world can compare to having a new baby in the house. "I love my babies; I love their gummy little smiles; I love how incredibly soft their skin is and how their little bodies are so out of proportion. I am a baby lover in case you can't tell."

4 month old Pierce and 7 month old Parker welcome spring, Texas style



Emiliano plays peek-a-boo in the peonies



In addition to all the joy that comes with a baby so comes the chaos. Those little tikes can turn new parent's life upside down and inside out. Parents, of course, will admit they really don't mind the chaos – and that it's all worth it. "No matter how drastic your life may change or how much you sacrifice for them, you love them because they are Heaven sent and they are part of you," explains Sandralee Porter, mother of two and grandmother of three. "Knowing they're yours, you appreciate them," agrees local mom Danielle Croteau.



Little Madison seems happy Spring is here


Babyhood Passes Quickly

In a span of a year one helpless infant will rollover, crawl, stand, walk, and talk all on its own. "I was telling my dad, that it was just yesterday Nathan (6 months old) was a sweet quiet infant, and now six months later he's this crawling ankle biter," jokes Stephanie Judson, mom of two.

Kim Levandowski, Katy mom of three says, "They change over night. Even though Callie (16 months old) is my third, I'm still surprised at how fast it happens. She actually grew over the weekend." These moms agree that every milestone is so incredible. "Each new stage is so exciting and so wonderful, but with each new stage the old one is lost," exclaims Harmony Patterson. Any parent will tell you to seize each moment because they change everyday. So, don't forget to hug them and love them even when you're worn out. But most emphatically treasure today because it will soon be tomorrow. **KM**


SUNSHINE FARRIS is a freelance writer for Katy Magazine. She lives in Katy with her husband and three young children.

Grand Opening



Take \$20 off any package when you mention this ad!
NOT COMBINED WITH OTHER COUPONS

Prenatal 3D & 4D Ultrasound



Peek · Bond · Love · Joy

Imagine the bonding that occurs when you first see your unborn child. Enjoy a private, relaxed and fun atmosphere with family & friends. A 3D/4D Ultrasound experience beyond your expectations.

Conveniently located inside Katy Mills Mall Ste. 712.
CALL TODAY!
(281) 644-2322 • PeekABaby3D.com

© 2008 Katy Magazine

*Your own backyard escape...
Ultimate Fun... Ultimate Pleasure*

Pleasure Pools

GOLDLINE CONTROLS
A HAYWARD COMPANY

HAYWARD Pool Products
One source. Every pool.

281-693-7565
PleasurePoolsHouston.com

© 2008 Katy Magazine & Sunland Magazine

www.thelittlegym.com



THE Little Gym®

Copperfield Katy Memorial
281-859-3939 281-347-1400 281-558-9500

For over 30 years The Little Gym has been the premier provider of motor skill development programs in the world for children 4 mos. to 12 years old. Our proven curriculum helps children grow socially, emotionally and intellectually. Join thousands of Houston area children growing confidence and skills each week!

The Little Gym Offers:

Parent/Child Classes

Gymnastics

Karate

Sports Skills

Dance

Cheer

Birthday Parties

SUMMER CAMPS



Call TODAY to schedule your FREE class!

Your Katy Pharmacist Dedicated to Your Needs

Fast and Friendly Service

Accept Most Insurances

Your co-pays stay the same anywhere

Texas Medicaid, Aetna, Humana, & More

*Come and see
the difference
in service!*

New Customer Offer

\$5.00 off

Total Prescription
(\$30.00 minimum)

Under \$30.00-Free Gift

Exp. 6-1-08



Kingsland Pharmacy

281-599-7880

Hours- M-F - 9-5:30

21210 Kingsland Blvd.

(Corner of Kingsland Blvd. & Provincial)

© 2007 Katy Magazine

★ BURGERS ★ WINGS ★ TACOS ★ WRAPS ★ QUESADILLAS ★ PORK CHOPS ★

FAJITA STEAK ★ FRIED SHRIMP ★ PASTA ★ MORE!



**FAMILY DINING, SPORTS BAR,
PATIO SEATING &
A PLAY AREA FOR THE KIDS**

*Where Food & Fun
Have No Borders*

19910 PARK ROW • 281-578-8785

(Next to Walmart on Fry Rd & Park Row)



ONION RINGS ★ FRIED PICKLES ★ NACHOS

★ CHICKEN FRIED STEAK ★ TAQUITOS ★ SEAFOOD ★ FRIED JALAPENOS ★

Baby Bargains

Babies 'R' Us - Katy
20280 Katy Freeway
Katy, TX 77449
281-829-1000

Wal-Mart Super Store
25108 Market Place Drive
Katy, TX 77494
281-644-6404

Must Have Baby Books

Good Night Moon
by Margaret Wise Brown
The Very Hungry Caterpillar
by Eric Carle

Who Said Moo?
by Harriet Ziefert

Pat the Bunny
by Dorothy Kunhardt

Mommy and Me Fun

The Little Gym
23010-A Highland Knolls
Katy, TX 77494
Tlgkatytx.com
281-347-1400

FAVORITE BABY NAMES OF 2007

BOYS

AIDAN
BRADEN
KADEN
ETHAN
CALEB
NOAH
JADEN
CONNOR
LONDON
JACOB



GIRLS

AVA
ABIGAIL
CAILYN
MADELINE
ISABELLA
EMMA
CAITLYN
OLIVIA
CHLOE
BRIANNA

KATY FAMILY LAW LEADERS



The attorneys and staff of Travers & Travers are Katy's Family Law Leaders offering clients a diversity of skills and utilizing an effective teamwork approach to every family law matter.

We understand the uniqueness of each client's family law situation and are experienced in all aspects of family law litigation from mediation to complex property issues and jury trials.

SHERRIE HAUSSNER TRAVERS

Board Certified, Family Law
Texas Board of Legal Specialization

MACK J. TRAVERS

Licensed in Texas and Missouri

ALLISON TRAVERS HAMILTON

TRAVERS & TRAVERS
ATTORNEYS • MEDIATORS



20501 Katy Freeway, Suite 124
(Nottingham Country Building)

www.katylawyer.com

281-492-2166

©2007 Katy Magazine